



Message from the Editor

Dear Readers,

It is a great honour for us to publish Volume 8, Issue 3, of the Global Journal of Guidance and Counseling: Current Perspectives. The journal welcomes original empirical investigations and literature review articles on current issues in guidance and counseling. The journal is published quarterly and serves as an international platform for discussing new developments in guidance and counselling. The journal focuses on, but is not limited to, the following major fields as they relate to guidance and counseling: child and adolescent counseling, adult and elder counseling, family counseling, school counseling, health counseling, crisis and risk counseling, occupational counseling, industrial counseling, cyber counseling, psychology education, inter-disciplinary approaches to psychology, counseling and guidance, rehabilitation counseling, technology usage in psychology, counseling and guidance, and special education.

A total number of twenty-two (22) manuscripts were submitted for this issue and each paper has been subjected to double-blind peer review process by the reviewers specialized in the related field. At the end of the review process, a total number of eight (8) high quality research papers were selected and accepted for publication.

Aim of this issue is to give the researchers an opportunity to share the results of their academic studies. There are different research topics discussed in the articles. For example, Comparison effectiveness of cognitive-behavioural therapy and relaxation technique on curing premenstrual syndrome Farah Mahmoud. The practice and guidance and counseling in Amhara region Ethiopia. Alebachew Mohammed Legas, Antehun Atanaw Mengistu. A Content Analysis of the Research Articles Written on online-counseling, Eser Ceker. Factors contributing to effective guidance and counselling services at university of Eswatini, Alfred Fana Tsikati. Study upon the Postgraduate Dissertations the Subject of which are Family Involvement in Pre-School Education in Turkey, Nur Demirbaş Çelik, Aycem Birand. A comparative study of the effectiveness of cognitive-behavioural and common method of family education on the psychological well-being of parents and girl students in secondary programme at western region of Isfahan Province, Iran, Mansour Abdi, Aliasghar Abbasi. Relationship between father's emotional intelligence and marital satisfaction with adolescent self-esteem and mental health, Ali Rasouli, Hassan Heydari, Seyed Ali Alyasin, Mansour Abdi. Causes of bullying in the workplace among primary school teachers of your paper, Tomas Cech, Jana Kvintová, Simona Dobešová Cakirpaloglu.

The topics of the next issue will be different. You can make sure that we will be trying to serve you with our journal to provide a rich knowledge of the field.

We present many thanks to all the contributors who helped us to publish this issue.

Kind regards,

Prof. Dr. Kobus Maree

Editor – in Chief